



VOP High and Low Voltage (NEN3140 & NEN3840)

Who is this course for?

For employees who carry out work on or near low- and/or high-voltage installations and/or inspect electrical work equipment. The training is suitable for employees working in environments with both low- and high-voltage risks.

What will you learn during the course?

Safe working on or near low- and high-voltage installations according to the requirements of NEN 3140 and NEN 3840. The training focuses on recognising electrical risks, acting safely, following instructions, and understanding your responsibilities, authorisations, and limits.

Do you need prior training?

No, an electrical engineering background is not required. Basic knowledge through instruction or relevant (work) experience is sufficient.

Course duration

- **Basic + certification:**

1 training day

- **Recertification:**

1 training day

What are you qualified to do after completing this course?

You may carry out clearly defined tasks on or in the vicinity of low- and high-voltage installations, provided you are designated by your employer or the Installation Responsible Person. You always work according to established safety procedures and instructions. You will receive a Normec Inrush certificate.

Scan the QR code to view
the most up-to-date
training offer.



Normec Inrush makes learning engaging

Looking for a certified training provider that puts safety and craftsmanship first? We offer high-quality safety courses that meet the strictest standards, including (Stipel) safety examinations. Our training programmes equip your employees with the knowledge, skills and confidence to work safely and responsibly with electricity.

We combine traditional in-house teaching with interactive online modules and realistic practical assignments, ensuring a direct link between learning and the everyday work environment. This makes risks and appropriate safety measures clear and applicable.

Any questions?

Reach out via

info-inrush@normecgroup.com

or call **+31 (0) 251 750 262.**

